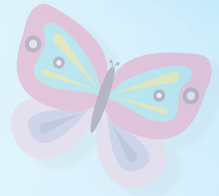




# Richmond Centre for Disability

Maximizing Independence



- ▶ **Social Skills**
- ▶ **Critical Thinking**
- ▶ **Healthy Eating**
- ▶ **Money Management**
- ▶ **and much more!**

## LIFE SKILLS TRAINING 2024

Jan 19 - Mar 22, 2024  
Fridays, 11 am - 12:30 pm  
\$30.00 (10 classes)



Enquiries / Register: Dina McInnes at 604-232-2404 / [dina@rcdrichmond.org](mailto:dina@rcdrichmond.org)  
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